



## Babette Gabriel

AAW (Order Processing)  
2 (11/18)

# Homeoffice & Homeschooling

01

**Please describe your area of activity within the company in a few words. For which tasks are you responsible?**

*"I work in order processing. I enter the incoming daily orders."*

02

**Please describe your current daily routine and how you find working from home.**

*"I get up at 5.30 am. Then I disappear briefly into the bathroom, prepare breakfast for everyone (including our guinea pigs ;) ) and am done with everything shortly before 6.30 a.m. I don't have to rush to get the train, only to find out that the train is late! I sit down at my computer and start my working day!"*

03

**How do you feel about the home office? What advantages do you have from it? What do you miss?**

*"I find home office quite practical due to the fact I do not have to commute by train. The one-way commute was 1.5 hours (I only worked six hours at the time, as I didn't want to be home too late, but I was out and about all day). Since I don't have to commute at the moment, I can use that time better and work more ;). I miss my colleagues, of course, but also the daily exercise, which I naturally try to make up for in other ways."*

04

**Your tips and tricks for remaining concentrated when working at home.**

*"Close the door and listen to good music."*

05

**Home office & home schooling – be honest: how's it working out? What are the specific daily challenges?**

*"Home schooling also takes a bit of getting used to. I don't have to take care of my 18-year-old any more, he's doing a great job on his own, and has even helped me with one or two technical problems. But my younger son is 11, and this is the first time he's spent so long on the computer!"*

*During the first lockdown, it was more difficult because he only had weekly plans that had to be worked through with the help of us parents. Now he's in secondary school, and they also work with Teams and real online lessons. That was exciting and new and it was good at first, but maintaining the motivation is getting difficult. The social contact is what the children miss the most, seeing their friends, and not being allowed to go home to play."*

**06**

**To what extent does KAISER+KRAFT help you cope with this new working situation?**

*"The new rules governing working hours make me feel good. It wouldn't be possible to start as early with my commute. I would have to start at 4.30 a.m. (trains don't run the way I want or need them to ;)).*

*And the whole way I can organise work offers many advantages: a quick trip to a doctor's appointment or something like that, it's great!"*

**07**

**What helps you to organise your work and daily life with your child/children?**

*"Above all, my husband! And also my children, who are making such an effort!"*

**08**

**What is your mantra when things get too much for you?**

*"After one comes two, there's no point in going crazy. Have a soothing cup of tea, take a breath, go out into nature, listen to good music, exercise and you'll feel much better!"*